PANDEMIC SAFETY FIRST PROTOCOLS

Wear Mask in Public

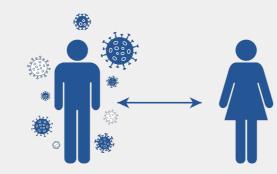


- protect others from you, be respectful
- cover nose and mouth
- some masks can also protect you from others
- a visor can provide additional protection for you

Avoid Touching

- keep touching things at minimum in public places
- clean hands after
- don't both touch face and other things in public

Keep Distance in Public



- keep a couple arms lengths between (unrelated) people
- avoid larger groups
- observe social distancing indoors in particular
- don't expose others with coughs or sneezes, be respectful

Stay Home if Sick

- self-isolate in case of symptoms
- don't expose others, limit potential spread
- contact doctor or health authorities if worsening

Keep Clean



- wash hands or use sanitizer to destroy potential pathogens
- wash clothes and towels that may have been exposed

Protocols at Home and in Local Bubble

- family members need not (normally) follow protocols at home
- switch to protocols if anyone in the local bubble shows symptoms
- self-isolate for a couple weeks after longer travels

USE COMMON SENSE FOLLOW PROTOCOLS WHENEVER APPROPRIATE